

# Summer Weights/Open Gyms/ Camps • 2021

Weight Rooms	Days	Times	June 2
High School Sessions will be limited to 16 students per session . . Sign up will be coming			
High School Starts Wed. June 2 (current 8th/HS)	Mon • Wed • Fri	6:00 am / 7:00 am / 8:00 am	@ WIT Bldg • Ida Grove
Wednesday's sessions will be held at the Stadium			
Middle School Starts Wed. June 2 (current 6th/7th) Don't need to sign up	Mon • Wed • Fri	9:15am- 10:00 am	@ WIT Bldg • Ida Grove
Not limited to 16 Wednesday's sessions will be held at the Stadium			
Starts Wed. June 2	Mon • Wed • Fri	7:00 am / 8:00 am	Odebolt

Basketball	Days (Month of June)	Times	Open Gyms • June 2
Girls (current 8th/HS) Open Gym	Mon • Wed • Fri	7:00 - 8:00 am or 8:00 - 9:00	Elem Gym • Ida Grove
Boys (current 8th/HS) Open Gym	Mon • Wed • Fri	7:00 - 8:00 am or 8:00 - 9:00	Elem Gym • Ida Grove

Volleyball	Days (Month of June)	Times	Open Gyms • June 2
Girls (current 8th/HS) Open Gym	Mon • Wed • Fri	9:15am - 10:15am	Elem Gym • Ida Grove

CAMPS	Days	Times	Place
VB • Gr. 4th/5th/6th \$	Mon. Aug. 2 - Tues. Aug 3	8:00 am - 9:30 am	Elem Gym • Ida Grove
VB • Gr. 7th/8th \$	Mon. Aug. 2 - Tues. Aug 3	10:00 am - 12:00pm	Elem Gym • Ida Grove
HS Volleyball \$	Mon. Aug. 2 - Tues. Aug 3	1:00pm - 4:00pm	Elem Gym • Ida Grove
HS Volleyball	Wed. Aug 4- Fri. Aug. 6	8:00am - 11:00am	Elem Gym • Ida Grove
MS Volleyball Free/ No sign up necessary	Wed. Aug. 11 & Thurs. Aug. 12	5:00pm - 6:30 pm	MS Gym (Odebolt)
HS Football \$	Mon. Aug. 2 - Wed. Aug. 4	6:00pm - 8:00pm	HS Practice Field
MS Football Free/ \$10 for shirt if want/No sign up necessary	Wed. Aug. 11 & Thurs. Aug. 12	6:00pm - 7:30pm	Odebolt • FB Field
MS Football 8th Grade Equipment Handout		Wed. August 11 • 5:00 - 6:00	Odebolt • Locker Room
MS Football 7th Grade Equipment Handout		Thu. August 12 • 5:00 - 6:00	Odebolt • Locker Room
HS Cheerleading	August 2,3,4, 5	6:00-8:00 pm	Ida Grove

High School Fall Sports Practices Begin • Monday, August 09, 2021 • Cross Country, Football, Volleyball  
 Middle School Fall Sports Practices Begin • Monday, August 23, 2021 (3:30 - 5:20)