

# OABCIG Lunch Menu

# September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Milk Choice: 1%, Skim, Skim Chocolate						1
2	3  No  School  Labor Day	4 Pork Patty/WG Bun IG Ele/HS-Broccoli Salad  Bush's Texas Beans  OA-Salad/Vegie Sticks Honeydew & Cantaloupe Fresh Apple	5 Chicken Nuggets IG Ele-Romaine Salad  Green Beans  #Salad/Vegie Sticks  Pineapple Fresh Orange	6 Grilled Chicken/ WG Bun IG Ele-Baby Carrots Celery  Corn  #Salad/Vegie Sticks  Pears Fresh Banana	7 Spaghetti  IG Ele-Romaine Salad Peas #Salad/Vegie Sticks  Breadstick  Mixed Fruit Fresh Apple	8
9	10 BBQ Pork Rib/ WG Bun IG Ele-Green Beans  Sweet Potato Tots #Salad/Vegie Sticks  Watermelon Fresh Orange	11 Mandarin Chicken IG Ele/HS-Broc/Caulif Salad  Cooked Carrots OA-Vegie Sticks Brown Rice  Peaches Fresh Apple	12 Turkey & Cheese Sandwich IG Ele-Cucumbers & Cherry Tomatoes  Peas #Salad/Vegie Sticks  Applesauce Fresh Orange	13 Taco-in-a-Bag Lettuce, Tomato Cheese, Salsa Black Bean Salad  #Vegie Sticks  Rice Krispy Bar Pineapple Fresh Banana	14 Pepperoni Pizza  Caesar Salad  Corn  Sidekicks Fresh Apple	15
16	17 Chicken Alfredo IG Ele-Romaine Salad  Green Beans Breadstick #Salad/Vegie Sticks  Mandarin Oranges Fresh Apple	18 French Toast Sticks Sausage  IG Ele-Celery, Baby Carrots Hash Brown #Vegie Sticks  Strawberry Cup Fresh Orange	19 Popcorn Chicken IG Ele-Romaine Salad Mixed Vegetables  #Salad/Vegie Sticks  Animal Crackers Mixed Fruit Fresh Apple	20 Chicken Caesar Wrap IG Ele-Baby Carrots  Corn #Vegie Sticks  Applesauce Fresh Banana	21 BBQ Pulled Pork/ WG Bun String Cheese IG Ele/HS-Cole Slaw Baked Beans OA-Salad/Vegie Sticks Pears Fresh Apple	22
23	24 Corn Dog IG Ele-Romaine Salad  French Fries #Salad/Vegie Sticks  Watermelon Fresh Apple	25 Teriyaki Chicken/ WG Bun  IG Ele/HS-Corn  Broccoli w/Cheese OA-Salad/Vegie Sticks Peach Cup Fresh Orange	26 Hot Ham & Cheese IG Ele-Romaine Salad  Cooked Carrots #Salad/Vegie Sticks  Mandarin Oranges Fresh Apple	27 Crispito Lettuce, Tomato Cheese, Salsa  Taco Fiesta Beans Spanish Rice #Vegie Sticks  Pineapple Fresh Banana	28 Cheese Pizza IG Ele-Cucumbers, Cherry Tomatoes  Green Beans HS-Caesar Salad OA-Salad/Vegie Sticks Applesauce Cup Fresh Orange	29

**This institution is an equal opportunity provider and employer.**

\* Available at the high school only

#Odebolt and High School

Menu is subject to change without notice.